

# FBISD Athletics Golf Template

**COVID-19 is a fluid and actively changing virus. This template uses the current knowledge from the CDC, TEA, and UIL. Communication with the Athletic Trainer throughout this process will provide you with changes that are made by the governing bodies (UIL, TEA, and CDC).**

## **COVID-19 Management Plan**

All confirmed COVID-19 positives will be managed by the FBISD District Head Athletic Trainer, and the campus COVID-19 team. Richard Gregoire should be notified in the athletic office of positive cases, and contact tracing parties involved in each case. The current public health guidelines will be followed

### **General Policy**

1. Schools must require staff, students, and visitors to self-screen for COVID-19 symptoms (rank one daily questionnaire) before participating or attending UIL activities or entering areas where UIL activities are being conducted, which should include taking individuals temperature.
2. Individuals should inform campus personnel if they themselves have a lab-confirmed with COVID-19 or have been in close contact with any individual who is lab-confirmed with COVID-19.
3. Schools are permitted to prevent any individual who fails the screening criteria from being admitted into school facilities or sites where UIL activities are being conducted until they meet the criteria for re-entry. Any individual for whom screening cannot be confirmed should be presumed symptomatic until confirmed otherwise.
4. All staff, visitors, and students two (2) years of age or older must wear face coverings or face shields upon entry to an area where UIL activities are being conducted and when not actively exercising.
5. Athletic staff should assist with custodial staff to ensure daily cleaning of all athletic facilities

### **Daily Student Screening Process**

- Student-athletes will answer a daily health questionnaire via Rank One Health prior to entering any athletic facility if they have not been screened on campus already.
- Students will be required to have a mask and water bottle before entering the building
- Students must use hand sanitizer or wash their hands before entering the building.

### **Daily Coaching Screening Process**

1. Coaches will answer a daily health questionnaire via Rank One Health prior to entering any athletic facility or working with student-athletes or athletic staff
2. Coaches must use hand sanitizer or wash their hands before entering the building.

### **COVID-19 Suspected or Confirmed Case**

1. A student-athlete experiencing symptoms or has a lab confirmed test for COVID-19, they should self-isolate throughout the entire infection period and must meet the following criteria

COVID-19 Symptoms:

- Feeling feverish or a measured temperature of 100.0° Fahrenheit or higher.
- Loss of taste or smell
- Cough
- Difficulty breathing
- Shortness of breath
- Fatigue
- Headache
- Chills
- Sore throat

- Congestion or runny nose
  - Shaking or exaggerated shivering
  - Significant muscle pain or ache
  - Diarrhea
  - Nausea or Vomiting
- a. Diagnosed with COVID 19 (lab- confirmed test)
    - i. One day (24 hours) since the resolution of fever without the use of medications.
    - ii. Improvement in symptoms (e.g. cough, shortness of breath)
    - iii. A minimum of 10 days has passed since symptoms first appeared.
    - iv. Written clearance from a physician prior to returning to UIL activities
  - b. Symptoms of COVID-19 but no lab-confirmed test
    - i. One day (24 hours) since the resolution of fever without the use of medications.
    - ii. Improvement in symptoms (e.g. cough, shortness of breath)
    - iii. A minimum of 10 days has passed since symptoms first appeared.
    - iv. Written clearance from a physician prior to returning to UIL activities
2. If a student-athlete has been in close contact with someone who has tested positive for COVID–19 or has a family member that lives with them that has tested positive for COVID -19:
    - Student-athlete should inform coaches and quarantine for the set amount of days that has been given to them by the Campus Covid-19 team. Reference FBISD COVID-19 Handbook
    - Athletic Coordinator will notify FBISD Athletic Trainer and be provided guidance.

### **Return to Play Process**

1. Student-athletes who appear to have symptoms will be immediately separated from other student-athletes/staff and instructed to return home. Direction will be provided by FBISD COVID-19 campus team or the Athletic Staff.
2. Symptomatic student-athlete will be managed as a presumptive COVID-19 case and will follow all guidelines as a positive COVID-19 case.
3. Student-athletes must be cleared by the COVID-19 campus team before returning to campus
4. Student-athletes must go through a return-to-sport process with the campus Athletic Trainer.
  1. Rule: every 1 day a student-athlete is out with symptoms equals 2 days of return-to-sport process (E.g. Symptoms: 5 days = Return-to-Sport Process: 10 days)

## **Sport-Specific Activity- GOLF**

### **Golf Equipment**

- Golf equipment should be touched only by the student-athlete and should be cleaned frequently.
- Alcohol-based disinfectant should be used to clean all golf gear,

### **Golf – General Procedures for Practice and Play**

- If players are allowed to use the driving range, ensure that every other “spot” is closed to players. This will help with social-distancing.
- Players should make sure that if using the chipping and putting areas, they should keep their masks on.
- Players should not ever make contact with another players’ golf balls / golf equipment.
- Players should not handle the flagsticks (until further notice)
- Golf courses should attempt to have some sort of “filler” or obstacle in the hole to allow for easier retrieval of the ball by player.
- Players should not touch rakes (until further notice)
  - Since rakes are “out of play” at this time, we should consider allowing players that go into a bunker to “lift, smooth, and place”. In other words, if I go into a bunker, only I can lift my ball, only

I can smooth the area with my foot or club, and only I can place the ball back where it was. There should be no penalty for this.

- Players should have their own water bottle. There should be no “community” coolers where more than one person can put their hands in a cooler to grab drinks. If desired, coaches could have a cooler that only they can reach in and grab water. The goal is obviously to avoid multiple people touching common surfaces.

### **Tournaments / Competitions**

- All procedures in the “Golf- General Procedures for Practice and Play” above should be strictly enforced.
- Players should NOT exchange scorecards. Make sure to write down all players’ names in the group and keep all scores. Upon completion of play, make sure to check the hole-by-hole scores while remaining socially distant.
  - It is recommended that this “score check” takes place in the presence of a golf coach or official to ensure that the scores are accurate.
- Scoreboards are optional and at the discretion of the course / tournament host. If it will be difficult to do social distancing, send an immediate summary of the results to all schools and work out best way to deliver awards.
- If lunch is being provided, it should be a “grab and go” boxed-lunch.

### **Spectators**

- Practice good hygiene and regularly wash hands throughout the event.
- Practice social distancing (at least 6 feet) and minimize contact with others.
- Wear face covering if transporting players to/from starting holes or off the course for weather-related issue.
- When transporting players on a cart, transport 2 players MAX...one player up front (they should wear face-covering as well), and one on the back of the cart (if the course allows it; face covering required for player).
- Spectators (if in a cart or walking) need to remain on the cart paths at all times and should make sure to stay 6-feet away from other spectators and players. Spectators may go up behind the green in order to watch players putt, but should maintain 6-foot distance between players and spectators.
- Spectators may not touch golf equipment, the flagsticks, the rakes, or any other objects on the golf course that could be touched by a player at some other point.

### **U.I.L. Considerations / Policies**

- There is a 90-player limit per course for a tournament (if a tournament is utilizing 2 separate 18-hole courses, you can allow 90 per course as long as social distancing procedures are in place and are strictly enforced).
- Tee time starts are preferred, but if you are doing a shotgun start, make sure to have procedures in place to ensure social-distancing.
- Meals, scoreboards, awards ceremonies, etc., are up to the golf course and tournament director, and can be done as long as all COVID-19 policies, recommendations, and procedures are enforced.

## References

United States Golf Association. Back2Golf Resources for COVID-19.

<https://www.usga.org/content/usga/home-page/course-care/covid-19-resource-center.html>

U.I.L.

## DULLES HIGH SCHOOL COVID GOLF GUIDELINES

- Dulles Student Athletes will check-in at the Clubhouse with Coach wearing a mask, you will initially be screened and complete the COVID-19 Form on Rank One.
- Practice Facilities – Set up hitting stations at least 6 feet apart
- Scorecards – Use digital scorecards or do not exchange with other players. Vocal confirmation at scoring may be used
- Spectators and volunteers – Social distancing guidelines should be enforced and encourage walking vs. carts
- Etiquette – Encourage players to not shake hands and **maintain proper social distancing** at all times
- General – Hand sanitizer or Lysol wipes should be readily available